

The Long Road

Newsletter of Randonneurs Ontario

March/April 2009 Volume 26, Number 2

Season Opener!



Kemble Rock 200K, April 2009

Kemble Rock 200

The first brevet of 2009 was hosted by the Huron Chapter. Twelve riders turned out for the Kemble Rock 200, including some new members riding their first brevet!

The day started overcast and cool. Carey encouraged the group to stay together, a great opportunity to catch up with old friends and meet new ones. We carb refueling and to toast the great start were treated to some great scenery and lovely rural roads.

Since this was a Randonneur ride, we had a little rain, some mechanical breakdowns (including a rim failure which occurred within metres of a control, so a good Samaritan was able to legally bring a new wheel), and a couple of us managed to get off course and ride a few extra kms (note to self: you have to look at the GPS for it to be effective!)

After the ride, we gathered at a local watering hole in Port Elgin for some liquid to a new cycling season.

Inside this issue:

Kemble Rock 200	I
Letter from the Prez	2
Toronto Bike Show	3
Board of Directors	3
Awards Dinner	4
Award Winners	5
Cycling in the Texas Hill Country	6
New PBP rules	7
Ride Results	8

Upcoming Events:

- Fleche. Saturday May 16
- Granite Anvil Aug 13-6



Letter from the Pres:

Hello fellow randonneurs! The season is upon us again and we're getting excited about hosting the Ontario Granite Anvil in August. We have the jersey lined up, overnight controls booked, sponsors to help us out, and good food planned. What we're in need of now, is for all of us as a club to pull together and volunteer some time at a control. It really is the volunteers that can make or break an event. If you're riding the GA, ask family members for some time, and if you can help us out at a control, bring a friend.



Preliminary Control Times, Granite Anvil 2009					
Checkpoint	km	Open	Close	Hours Open	
Durham College	0 km	Aug. 13 05:00			
Hockley Valley	119 km	Aug. 13 08:30	Aug. 13 12:56	4.43	
Eugenia	258 km	Aug. 13 12:41	Aug. 13 22:11	9.5	
Victoria Harbour	371 km	Aug. 13 16:13	Aug 14 05:44	13.51	
Big Chute	433 km	Aug. 13 18:13	Aug 14 09:52	15.63	
Fenelon Falls	546 km	Aug. 13 21:59	Aug 14 17:24	19.4	
Bancroft	669 km	Aug 14 02:14	Aug 15 03:00	24.75	
Foymount	752 km	Aug 14 05:13	Aug 15 10:17	29.07	
Plevna	851 km	Aug 14 08:45	Aug 15 18:56	34.18	
Westport	930 km	Aug 14 11:34	Aug 16 01:51	38.28	
Tyendinaga	1025 km	Aug 14 15:03	Aug 16 10:13	43.16	
Colborne	1103 km	Aug 14 18:02	Aug 16 17:00	46.97	
Finish	1213 km	Aug 15 03:39	Aug 16 23:00	43.35	

Please note that the majority of volunteers will be needed for the middle to later hours of the controls open and closing times. We expect very few riders for the first hours of the control opening times.

Please contact Jim Morris AND your Chapter VP with a time and date preference.

See you on the road, Patti



Toronto International Bike Show

The 23rd Annual Toronto International Bike show was held at the Direct Energy Centre, Exhibition Place on March 13-15. Unlike last year, when the worst snow storm of the year crippled Toronto on the weekend of the bike show and prevented many people from getting to the show, this year the weather was perfect and crowds of cycling enthusiasts came to the show looking for latest in bike technology, check out bike related products and services and to pick up some bargains at the huge market-place.



RANDONNEURS ONTARIO

Many thanks to all the volunteers for their hard work in putting the booth together and manning the booth for the 3 day show! This is one of the best ways to introduce Randonneuring to the cycling community and encourage new members to join.

The Ontario Randonneurs again had a booth at the show that was well received. Many people dropped

by to chat and find out more about Randonneuring,

(a few joined on the spot!).

Randonneurs Ontario

Long Distance Cycling Association www.randonneursontario.ca

President	Patti Von Niessen	president@randonneursontario.ca
Vice President, Brevet	Peter Leiss	vp-admin@randonneursontario.ca
Vice President, Toronto	Mike Maloney	vp-toronto@randonneursontario.ca
Vice President, Ottawa	Peter Grant	vp-ottawa@randonneursontaio.ca
Vice President, Simcoe-Muskoka	Isabelle Sheardown	vp-simcoe@randonneursontaio.ca
Vice President, Huron	Carey Chappelle	vp-huron@randonneursontaio.ca
Secretary	Real Prefontaine	secretary@randonneursontario.ca
Treasurer	Jim Griffin	treasurer@randonneursontario.ca
Member-at-large (Ottawa)	Bill Pye	director1@randonneursontario.ca
Member-at-large (Toronto)	Kathy Brouse	director2@randonneursontario.ca
Newsletter editor	Linda Perkin	editor@randonneursontario.ca



2008 Awards Night Dinner

The annual awards dinner was held simultaneously in Ottawa and Toronto on Saturday January 31.

The Ottawa Chapter met at Biagios Restaurant. In Toronto, a buffet dinner was served upstairs at the Madison Pub in downtown Toronto.

Michael Barry, the founder of the Toronto Randonneurs in 1983, spoke to the Toronto group. He recounted how he started a Toronto Randonneur group so he have local rides to qualify for PBP. But he was a victim of his own success as so many of his bike shop employees also qualified, that Michael was unable to leave the store and travel to Paris that year! (he did complete a subsequent PBP).

A special award was given this year to Emily Little, the youngest person to complete a Randonneurs Ontario brevet. She and her Dad, Pat Little, completed the Loyalist 200 in Picton last fall.

Henk presented the first Granite Anvil t-shirt to Randonneurs Ontario, to be displayed with the other club jerseys at the bike show.

Congratulations to all the award winners and thanks to everyone who participated in this years award dinner!















And the Awards go to...

Jock Wadley (Outstanding Rider)

Peter Grant



Half Wheel

Peter Grant

Organiser of the Year

Peter Grant

Rookie of the Year

Allen Hollaway Jacob Vandermark

Longest Distance of the Yea

Male: Henk Bouhuyzen 4106 Kms Female: Kathy Brouse 1100 Kms

Dan Herbert Award (Mentoring)

Rolf Hauckwitz

Beryl Burton (Top Female)

Kathy Brouse

Coronation Cup (Most Improved)

Kathy Brouse



Fleche Team

Henk Bouhuyzan Renato Allessandri Mark Hopper



Special Recognition

Emily Little

Emily is the youngest rider at 17 to have completed a 200K Brevet (Loyalist 200) in the history of the Club. She showed determination and completed the Brevet with her Dad Pat Little with time to spare.



Cycling in the Texas Hill Country

For the past several years, I've kick-started my cycling season with a winter-time week long cycling trip to a sunny destination, usually California or Arizona. This year, for something different, we decided to try the Texas Hill Country



The Hill Country is north of San Antonio in central Texas and has become a popular cycling destination. There is a large cycling community, helped by the fact that Lance Armstrong also lives there. Many tour companies offer organized trips and we decided to join one of these trips.

We flew into San Antonio where we met our group of 16 other cyclists and 2 guides. We were driven north to the small town of Boerne, the start of the cycling trip.

The next morning our cycling started gently and we had a leisurely day's ride north to the town of Comfort. The second day we cycled to Fredericksberg, which was our base for the rest of the trip.

Fredericksberg was originally settled by German immigrants and still retains some German culture. It is also the hometown of Admiral Nimitz, and the Nimitz museum is located there – an excellent museum, well worth a visit. But Fredericksberg is probably best known to Randonneurs as the home base of the annual Texas Hell Week. We arrived in Fredericksberg two weeks after this year's successful Hell Week, and plans were already underway for next year.

The Texas Hill Country is, well, hilly. And windy. The hills are not long, but they can be steep. On our first cycling day we were offered an optional route featuring a 1 km, knee-grinding 24% grade (I declined). Most of the hills were a more manageable 12 to 18% grade. Did I mention the wind?

Before the trip, I was concerned about cycling conditions but that proved unnecessary. The roads are in good condition, most with wide shoulders. The only obstacles are the numerous cattle guards, the occasional squashed armadillo, and water crossings, which are very treacherous if it has rained recently. I had visions of huge pickup trucks shoving me off the road, but that too was unfounded. The huge pick-ups are there all right, but the drivers could not have been more polite. They passed us with plenty of room, and if they could not pass, they waited patiently behind until it was safe to pass. I have never seen such bike friendly drivers – some Ontario drivers could learn something from their Texan counterparts.

The area is largely farmland with few villages, so some route planning is necessary if you plan to buy food on the road.

The highlight of the trip for us came at the end, when we spent 2 days in Austin. Austin is a wonderful, vibrant city with an active arts community, especially music. There is also a huge cycling community there. The Lance Armstrong bike path travels through downtown and into surrounding countryside and looks very heavily used.

But every cyclist visiting Austin has to visit Lance Armstrong's bike shop, Mellow Johnny's, which displays lots of Lance memorabilia: yellow jerseys, trophies and several competition bikes (they were featuring one of Lance's bikes from the recent Tour of California). We arrived at the store during its annual huge sale, so some credit card damage was done too.

The Hill Country is a wonderful bike-friendly area with lovely country rides and lots of friendly Texan hospitality!

Linda



New PBP Entry Rules

This email was sent by Jean-Gualbert FABUREL on April 5, 2009 to RM member countries. In it, he announces the ACP's plans for limiting entries to PBP 2011. The full text of his message (in English) can be seen below.

Hello,

I would like to inform you that the Board of the Audax Club Parisien decided during its last meeting on April 1st, to establish a way of limiting the number of entries for the Paris-Brest-Paris 2011 for safety and quality of organization reasons.

In 2007, you noticed saturation in some controls and if the growth between 2003 and 2007 is confirmed in 2011, it would be impossible to maintain good conditions for participation without changing the overall organization of this randonnee. We will work during the coming months to find a way to welcome all those who want to participate but if it is not possible, the Audax Club Parisien prepares conditions for limitation.

This limitation should be done at two levels:

- Collective: we would like to define a quota of participants per country so you can communicate on this limit and you
 can organize several months before PBP. We would like to give places for new comers without disadvantaging the former countries, while taking into account the progress of each country.
- Individual: we would like to encourage people who attend your organizations while avoiding the imposition of selection criteria far more stringent than in previous editions.

To set the quota per country, it will be calculated while using the number of entrants in 2007, the limit in 2011 and according the evolution of homologations in the country between 2006 and 2010.

This method is easy to communicate and immediately provides figures in January 2011. It promotes strong countries but leaves places for new entrants because the calculation of the quota is made only for countries which registered more than 50 people in 2007.

The calculation formula is as follows:

(No inscrits du pays en 2007)
$$\times \left(\frac{\text{No inscrits maxi pour 2011}}{\text{No inscrits total en 2007}}\right) \times \left(\frac{\text{Km homologués par le pays en 2010}}{\text{Km homologués par 13 pays en 2010}}\right) \times \left(\frac{\text{Km homologués par 13 pays en 2006}}{\text{Km homologués par le pays en 2006}}\right)$$

For randonneurs, pre-registration via the Internet will allow people who made BRM in 2010 to reserve their participation for Paris-Brest-Paris. Longer is the homologated BRM distance and earlier they will be able to pre-register. For example:

- With a BRM 400 km in 2010, they may register from 15 April 2011.
- With a BRM 300 km in 2010, they may register from 01 May 2011.
- With a BRM 200 km in 2010, they may register from 15 May 2011.
- by not realizing a BRM in 2010, they could not register until June 01, 2011.

These dates are still to be defined and will be communicated early 2011.

The series of 4 BRM (200, 300, 400 and 600) homologated in 2011 is still required to register for PBP 2011.

Pre-registration will be conducted by individual. Entries may be centralized as some of you have did it in 2007.

Best regards,

Jean-Gualbert FABUREL



Ride Results

April 18, 2009 Kemble Rock 200

Carey Chappelle - 11:28 Dick Felton - 11:55 Tristan Goguen - 11:55 Nathan Klages - 11:18 Nestor Koturbash - 11:28 Fred Krawiecki - 11:12 John Maccio - 11:18 Con Melady - 11:12 Liz Overduin - 11:12 Linda Perkin - 11:55 John Saunders - 11:12 Adriann Verhulst - 11:12

April 25, 2009 Maberly 200

Robert Choquette - 08:31 Suzanne Dionne - 09:00 Peter Grant - 10:03 Vytas Janusauskas - 9:00 Alex Kennedy - 10:03 Bill Pye - 10:28 Guy Quesnel - 9:04 Leslie Reissner - 8:31 Alan Ritchie - 10:03 Mark Scott - 7:35 Paul Smeulders - 10:03 Trevor Stocki - 10:03 Patti Von Niessen - 10:03

April 26, 2009 Scugog 200

Renato Alessandrini - ? Henk Bouhuyzen - ? Brian Brideau - ? Louis Dionne - 11:25 Richard Felton - 11:40 Tristan Goguen - 9:55 Rolf Hauckwitz - 11:40 Allen Holloway - 10:50 Mark Hopper - ? Robert Kassel - 9:01 Dave Laird - 9:38 William Lindsay - DNS Jean Longtin - ? Juan Munoz - 11:37 Ken Randall - 11:40 Arthur Reinstein - 11:25 Stan Shuralyov - 11:25 Jacob Vandermark - 10:50 Martin Williams - 11:25

May 2, 2009 Simcoe 200

Kathy Brouse - 11:24
Pierre Coutu - 9:39
Mary Germaine - 11:55
Ralph Germaine - 11:55
Ken Jobba - 9:19
Keith McEwen - DNF
Linda Perkin - 11:23
Karen Scaife - DNF
Isabelle Sheardown - 13:02
Paul Slavchenko - 9:39
Glen Steen - 9:19
Martin Williams - 11:23
David W. Thompson - 9:40

The Granite Anvil Needs YOU!

Please Volunteer

See page 2