

Kingston 600 km

18 June 2011

RR Regional Rd; CR County Rd; BL Bear left; BR Bear right; TL Traffic light; SS Stop Sign updated 9 July 2010

#	km	CUM	Instruction
			Start at Britannia Bay Parking Lot - Greenview Ave
1	0.00	0	05:00 Saturday
2	0.00	0	Ride west on the bike path
3	1.80	2	Right on Carling Ave
4	7.30	9	Right on Herzberg Rd - becomes Terry Fox Dr (TL)
5	2.30	11	Right on Helmsdale Dr
6	0.40	12	Pass Shirley's Brook Dr - it is a loop, we take second turn
7	0.20	12	Right on Shirley's Brook Dr
8	0.26	12	Left on Marconi Ave
9	0.90	13	Left on Maxwell Bridge Rd
10	0.55	14	Cross March Rd onto Old Carp Rd (SS)
11	6.70	20	Cross March RD onto Donald B Munro Dr (SS)
12	2.00	22	Cross Carp Rd and stay on Donald B Munro Dr (SS)
13	2.50	25	BL to stay on Donald B Munro Dr
14	2.70	28	BR to stay on Donald B Munro Dr
15	3.80	31	BL to stay on Donald B Munro Dr
16	1.20	33	BL on to Panmure Rd
17	11.00	44	Right on to Blakeny Rd CR-17
18	6.70	50	Left on Kinburn Side Rd - RR 20
19	0.61	51	Left on RR 29 - Pakenham
			Control Pakenham - any business
20	0.35	51	Open 06:30 Close 08:24
21			Right turn onto Waba Rd RR 20 to White Lake
22	18.30	70	Left on 2 to White Lake (SS) @ Robertson Corner
23	1.40	71	Right on Belany Rd (52) at White Lake (SS)
24	8.40	79	Straight on 52 at Burnstown to Renfrew
25	12.10	91	Straight at TL in Renfrew to Raglan St South
26	0.85	92	Left on 132 to Shamrock (TL) Esso on right
27	0.16	92	Right to stay on 132
28	0.14	93	Left to stay on 132
29	5.30	98	Right on 5 towards Douglas
30	14.60	113	Left to stay on 5
31	0.90	113	Right to stay on 5
32	1.80	115	Left on 22 to Hyndford (just before the bridge)
33	5.10	120	Right at Hyndford to Eganville (SS)
34	11.20	132	Right on Queen St - Eganville
			Control Country Rose Restaurant on right
35	0.06	132	Open 08:51 Close 13:44
36			Left on Hwy 41 - up the hill Queen St becomes Patrick St
37	0.50	132	Right on 512 to Foymount
38	1.70	134	Left to stay on 512

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39	17.90	152	Start 2.3km climb up Foymount
40	4.30	156	Left on 515 Quadeville Rd
41	17.15	173	Quadeville - Buy water here! turn right to stay on Quadville Rd
42	0.40	174	Left on Palmer Rd
43	10.40	184	Left on 514 Schutt Rd
44	12.60	197	Left on 28 to Denbigh
45	18.50	215	Right on 41 S. to Vennacher Junction, Swiss Inn/Restaurant on right
46	1.60	217	Control 41 Stop on left Open 11:23 Close 19:24
47			Left out of control on 41
48	4.20	221	Left at Vennacher Junction to Vennachar - Buckshot Lake
49	31.50	252	Left on 509 at Plevna to Ompah
50	10.80	263	Palmerston Lake General Store Buy water now! and continue straight on - store closes at 19:00
51	22.20	285	Straight on Snow Road Station to 36 or Elphin
52	6.60	292	Right on 36 to Maberly
53	14.00	306	Straight cross Hwy 7 - Maberly
54	8.53	314	Bear Right to 36 to Westport
55	16.99	331	Left on Bedford St from Mountain Rd
56	0.15	332	Right on Concession St to Hwy 42
57	1.00	333	Westport Checkpoint Esso gas station on the left Open 15:04 Close 03:16 Sunday
58			Continue on Concession St
59	0.40	333	Right on Perth Rd (CR 10) to Kingston
60	50.10	383	Cross the Hwy 401 over pass
61	0.37	383	Left at second stop lights
62	0.15	384	Kingston Checkpoint Denny on the left, turn around Open 16:40 Close 06:40 Sunday
63	0.15	384	Right at stop lights
64	0.37	384	Cross the Hwy 401 over pass
65	50.10	434	Left on 42 at Westport
66	1.40	436	Left on Bedford St
67	0.11	436	Right on Mountain Rd (CR36)
68	16.99	453	Bear left to Maberly
69	8.53	461	Straight cross Hwy 7
70	14.00	475	Straight on to CR 12 - Elphin
71	25.20	500	Left on 511
72	0.35	501	Lanark Checkpoint Restaurant on top of hill Open 20:32 Close 14:28 Sunday

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73			South on 511 towards Balderson - Note route change!
74	1.53	502	Left on Fergusson Falls Rd CR-15
75	10.70	513	Left on Upper Perth Rd
76	7.80	521	Right to stay on Upper Perth Rd
77	3.10	524	Right on Wolf Grove Rd CR-16
78	1.00	525	Left on Tatlock Rd CR-9
			Control Clayton General Store
79	4.40	529	Open 21:30 Close 16:24 Sunday
80			Turn around and backtrack on Tatlock Rd
81	1.30	531	Left on to Clayton Rd
82	8.10	539	Right on Ramsey Concession 8
83	11.70	550	Left on to Pick Rd
84	0.50	551	Left on to RR 29
85	1.30	552	Right on to Wilson St CR-11
86	2.20	554	Right on to the bridge and then right on to River Rd
87	2.11	557	Right on to Appleton Side Rd CR-17
88	2.10	559	Left on to Cavanagh Road just before hwy 7 overpass
89	4.00	563	Right on to Ashton Station Rd. - hwy 7 overpass
90	2.50	565	Left on to Flewellyn Rd - Ashton
91	3.10	568	Left on Dwyer Hill Rd CR -3
92	1.40	570	Right on Fernbank Rd
93	12.20	582	Left on Shea Rd.
94	1.40	583	Right on Abbott St. E.
95	1.10	584	Right to get on rail trail and continue east on rail trail
96	1.90	586	Left on Terry Fox Dr
97	2.70	589	Right on to Katimivik Rd
98	1.60	591	Left onto Whitney Dr
99	0.13	591	Straight on to overpass to cross 417
100	0.30	591	On leaving overpass bear right and get on Gray Cr - direction N
101	0.27	591	Right on Campeau Dr
102	0.85	592	Left on to Teron Rd (TL)
103	0.45	593	Right on to Penfield Dr (TL)
104	0.26	593	Right on to Petrie Lane - street sign missing 7 June 2011
105	0.06	593	Left on to Watts Creek path - just after the cedar hedge
			Use the underpass to cross March Rd and then keep left on to
106	0.25	593	Watts Creek Path Follow the path to Moodie Dr.
107	5.50	599	Cross Moodie Dr (TL) on to Corkstown Rd
108	0.50	599	Right on to bike path - Watts Creek Path
109	1.90	601	Right on to street and cross Holly Acres Rd to continue on path
110	0.70	602	Cross Carling Ave and continue on bike path
111	1.80	604	Finish Open 23:48 Close 21:00 Sunday