

## Ottawa - Toronto - Ottawa 1000km

Start: Centre Block, Peace Tower, House of Commons	0.0	Start	0.0
South to Wellington Street, through main entrance	0.3	TR	0.3
West on Wellington Street to Ottawa River Parkway	0.9	TL	1.2
West on Ottawa River Parkway to Carling Ave.	9.5	TR	10.7
West on Carling Ave to Corkstown Road	4.3	TL	15.0
West on Corkstown Road to Eagleson Road	5.4	TL	20.4
South on Eagleson to 417	1.0	SO	21.4
South on Eagleson Road to Fernbank Road	6.2	TR	27.6
West on Fernbank Road to Upper Dwyer Hill Rd	15.8	TL	43.4
South on Upper Dwyer Hill to Flewellyn Road	1.3	TR	44.7
West on Flewellyn Road to Ashton Village	2.5	TL/SO	47.2
West to T junction Ashton Post Office	0.5	TL	47.7
West on 9th Line crosses Hwy 15, becomes Tennyson	8.3	SO	56.0
West on Tennyson Road, to McPhail Road	18.5	TL	74.5
South on McPhail Road to CR 10	2.4	TR	76.9
Southwest on CR 10 to Gore Street	8.3	TL	85.2
Southeast on Gore Street to CR 10(GS/L)	1.5	<b>Control/TR</b>	86.7
Southwest on CR 10 Westport main Street	28.7	TR	115.4
West on CR12 becomes CR 8 to Fermoy	13.4	SO	128.8
West on CR 8 to CR 38 Godfrey	17.7	TL	146.5
South on CR 38 to VERONA	7.2	SO	153.7
South on CR 38 to CR 7 Bellrock Rd	1.1	TR	154.8
West on CR 7 becomes CR 14	5.8	SO	160.6
West on CR 14 to Enterprise	10.4	SO	171.0
West on CR 14 crosses CR 4 Reidville	6.3	SO	177.3
West on CR 14 to Croydon	3.9	SO	181.2
West on CR 14 to CR 41	5.3	TR	186.5
North on CR 41 to CR 3	2.8	TL	189.3
West on CR 3/CR 32 to CR 13	5.4	TL	194.7
West on CR 13 to Highway 37	22.0	TR	216.7
North on Highway 37 to McGowan Street	0.8	TL	217.5
North on McGowan Street to CR 38	0.3	<b>Control/TL</b>	217.8
West on CR 38 to Highway 62	14.2	TR	232.0
North on Highway 62 to CR 38 Springbok Rd	0.7	TL	232.7
West on CR 38 to Hwy 14	12.4	SO	245.1
West on CR 38 to Petherick's Corners	12.3	SO	257.4
South on CR 38 to Bridge Street, Campbellford	7.7	TR	265.1
West on Bridge Street HWY 30 to CR 35	2.8	SO	267.9
West on CR 35 to CR 25 T junction	9.0	TR	276.9
North on CR 25 to CR 45	3.1	SO/TR	280.0
North on CR 45 to CR 2 Hastings (GS,L)	0.8	TL	280.8
West on CR 2 to CR 38	10.3	TR	291.1
North on CR 38 past HWY 7 to CR 8	12.0	TL	303.1
West on CR 8 past HWY 28 to CR 4	10.3	TL	313.4

West on CR 4 becomes Parkhill Road, to Monaghan Road	11.3	TL	324.7
South on Monaghan Road to Landsdowne Road	2.9	TR	327.6
West on Landsdowne Road to The Pkwy	1.0	<b>Control/SO</b>	328.6
West on Landsdowne Road to Brealy Drive	2.6	TR	331.2
North on Brealy Drive to CR 9	1.5	TL	332.7
West on CR 9 past HWY 7 to CR 10	10.2	TL	342.9
South on CR 10 past HWY 7A, past HWY 115 to CR 21	13.0	TL	355.9
East on CR 21 to CR 10	0.4	TR	356.3
South on CR 10 to CR 9	11.6	SO	367.9
South on CR 10 to 7th Line (Perrytown)	2.1	TR	370.0
West on 7th Line to CR 65	6.0	TL	376.0
South on CR 65 to 6th Line	2.1	TR	378.1
West on 6th Line to Concession Road 5	3.1	TR/TL	381.2
West on Concession Road 5 to CR 18	3.3	TR	384.5
North on CR 18 to CR 9 (Kendal)	4.4	TL	388.9
West on CR 9 Ganaraska Rd to overpass over HWY 35/115	6.5	TL	395.4
West on overpass to Concession Road 7	0.3	TL	395.7
West on Concession Rd 7 to T junction	4.8	TR/TL	400.5
West on Rd 6 past CR57, CR34, Ritson Rd becomes Conlin Road, to Simcoe St	19.3	TL	419.8
South on Simcoe Street to Tauton Rd	2.5	<b>Control/SO</b>	422.3
South on Simcoe Street to Rossland Road	2.1	TR	424.4
West on Rossland Road to Cochrane Street	6.7	TL	431.1
South on Cochrane Street to CR 2 (Dundas St)	2.2	TR	433.3
West on CR 2 to Brock Road	12.5	TR	445.8
North on Brock Road to Finch Ave	0.3	TL	446.1
West on Finch Ave to Beare Road	7.8	TR	453.9
North on Beare Road to Plug Hat Rd	1.1	TL	455.0
West on Plug Hat then South on Meadowvale Rd to Finch Ave,	1.9	TR	456.9
West on Old Finch Ave to Sewells Rd	1.7	TL	458.6
West on Old Finch to Finch Ave East	1.7	TR	460.3
West on Finch Ave E to Middlefield Rd	3.8	TL	464.1
South then west on Middlefield Rd to McGowan Rd	1.6	SO	465.7
West on Huntingwood Drive to Victoria Park Ave	5.8	SO	471.5
West on Old Sheppard Dr becomes Muirhead Road to Edmonton Drive	1.4	TR	472.9
North on Edmonton Drive to Van Horne	0.7	TL	473.6
West on Van Horne (over HWY 404) to Don Mills Rd	1.1	TL	474.7
South on Don Mills to York Mills	3.7	TR	478.4
West on York Mills to Bayview Ave	3.2	TL	481.6
South on Bayview Ave to Nesbitt Dr	6.6	TR	488.2
West on Nesbitt Dr to Governor's Rd	0.6	TR	488.8
Southwest on Governor's Road to Astley Ave	0.2	TL	489.0
South on Astley Ave to Douglas Dr	0.2	TR	489.2

West on Douglas Dr to Glen Rd	0.4	TL	489.6
Southwest on Glen Rd to Elm Ave	1.3	TR	490.9
West on Elm Ave to Sherbourne Street	0.2	TL	491.1
South on Sherbourne Street to Wellesley Street	0.9	TR	492.0
West on Wellesley Street to Parliament Buildings	1.4	<b>Control</b>	493.4
	0.0	Turn around	493.4
East on Wellesley Street to Sherbourne Street	1.4	TL	494.8
North on Sherbourne Street to Elm Ave	0.9	TR	495.7
East on Elm Ave to Glen Road	0.2	TL	495.9
North on Glen Road to Douglas Dr	1.3	TR	497.2
Follow Douglas Dr to Astley St	0.4	TL	497.6
North on Astley Ave to Governor's Road	0.2	TR	497.8
Northeast on Governor's Road to Nesbitt Drive	0.2	TL	498.0
North then northeast on Nesbitt Drive to Bayview Ave	0.6	TL	498.6
North on Bayview Ave to York Mills Rd	6.6	TR	505.2
East on York Mills Rd to Don Mills Rd	3.4	TL	508.6
North on Don Mills Rd to Van Horne Ave	3.7	TR	512.3
East on Van Horne over Hwy 404 to Edmonton Drive	1.1	TR	513.4
South on Edmonton Drive to T junction (Muirhead Rd)	0.7	TL	514.1
South on Muirhead Rd becomes Old Sheppard to Victoria Park Av	1.4	SO	515.5
East on Huntingwood Drive, to McGowan Rd	5.9	SO	521.4
East the north on Middlefield Rd to Finch Av	1.6	TR	523.0
East on Finch Ave past railway bridge to Old Finch Ave	3.9	TL	526.9
East on Old Finch Av, becomes Sewell's Rd, to Finch Av (right turn before bridge)	1.6	TR	528.5
East on Finch Ave, over Rouge River, up hill, to Meadowvale Rd	1.7	TL	530.2
North on Meadowvale Rd, becomes Plug Hat Rd, to Beare Rd	1.9	TR	532.1
South on Beare Road to Finch Ave	1.1	TL	533.2
East on Finch Ave to Brock Road (TS)	7.8	TR	541.0
South on Brock Road to Highway 2 (Kingston Rd) (TS)	0.3	TL	541.3
East on CR 2 to Cochrane St (CR 43), Whitby (TS)	12.5	TL	553.8
North on Cochrane St to Rossland Road	2.2	TR	556.0
East on Rossland Road to Simcoe Street	7.5	TL	563.5
North on Simcoe Street to Concession 6	4.2	TR	567.7
East on Conlin Rd, past Ritson Rd, past CR 34, past CR 57 to T-junction	19.3	TR/TL	587.0
East on Concession Road 7 to overpass Hwy 35/115	4.8	TR	591.8
Overpass over Hwy 35/115	0.3	TR	592.1
East on CR 9 to CR 18 (signed to Hwy 401)	6.5	TR	598.6
South on CR 18 to Concession Rd 5	4.4	TL	603.0
East on Concession Rd 5 to T junction	3.3	TR/TL	606.3
East on 6th Line to CR 65	3.1	TL	609.4
North on CR 65	0.2	SO	609.6

North on CR 65 to 7th Line	1.9	TR	611.5
East on 7th Line to CR 10, (Perry Town Rd) (SS)	6.0	SO	617.5
East on CR 10 to 7th Line	0.5	TL	618.0
East on 7th Line to Hwy 28	5.0	SO	623.0
East on 7th Line to Rice Lake Dr	0.4	TL	623.4
North on Rice Lake Dr to CR 9	2.1	SO	625.5
North on Rice Lake and note passing Cavan Road	1.2	SO	626.7
North on Rice Lake Dr into Bewdley	0.5	<b>Control</b>	627.2
Backtrack 0.5 km to Cavan Rd and ride east on Cavan Rd. to CR 18	10.1	TL	637.3
North on CR 18 to CR 9	1.0	SO	638.3
North on CR 18 to Gores Landing (GS,L)	2.5	TR	640.8
East on CR 18 to Harwood	4.9	SO	645.7
East on CR 18 to CR 45	13.1	TL	658.8
North on CR 45 to Roseneath CR 24	1.6	TR	660.4
East on CR 24 to Dartford	10.9	SO	671.3
East on CR 24 to T-junction CR 25	1.9	TR	673.2
South on CR 25 to Warkworth	4.2	SO	677.4
South on CR 25 to CR 27, Morganston	6.4	TL	683.8
East on CR 27 to Highway 30	6.0	TR	689.8
South on Highway 30 to Old Wooler Rd	1.1	TL	690.9
East on Old Wooler Rd to Grosjean Road	4.0	TR	694.9
South on Grosjean Road, cross CR 41 to CR 26	1.1	SO	696.0
South on CR 26 to Highway 30	9.6	TL	705.6
South on Highway 30 to Brighton (GS,L)	2.1	<b>Control/SO</b>	707.7
South on Highway 30 to CR 64	1.0	TL	708.7
East on CR 64 to Highway 33, Carrying Place	13.4	TR	722.1
South on Highway 33 to CR 3	0.2	TL	722.3
East on CR 3 to CR 23, Rednersville	12.9	TR	735.2
South on CR 23 to CR 19	6.0	TL	741.2
South on CR 19 to CR 2	1.2	TR	742.4
South on CR 2 to CR 1	7.0	TL	749.4
East on CR 1 cross Hwy 62	6.3	SO	755.7
East on CR 1 cross Hwy 33	8.8	SO	764.5
East on CR 1 to CR 10, Lake Rd	1.8	TL	766.3
Northeast on CR 10 to Loyalist Pkwy Hwy 33 (Main Street, Picton)	2.6	TR	768.9
East on Main Street to Highway 33,	1.1	TR	770.0
East on Highway 33, to Glenora Ferry (runs every half hour)	8.6	<b>Control</b>	778.6
East on Highway 33 to CR 8	4.5	TL	783.1
North on CR 8 to CR 8	1.8	TR	784.9
East on CR 8 to CR 8/CR 21	14.6	TL	799.5
North on CR 8 to Dundas Street (Napanee)	12.7	TR	812.2
East on Dundas Street to CR 1	1.0	TL	813.2
Northeast on CR 1 (under the bridge, Camden Rd, Industrial Blvd) to CR 16	7.3	TL	820.5

North on CR 16 to CR 11	1.5	TR	822.0
East on CR 11 to CR 27 (Newburgh)	2.6	TL	824.6
North on CR 27 to CR 15 North St.	0.5	TR	825.1
East on CR 15 to CR 4	4.3	TL	829.4
North on CR 4 to CR 4 (Centreville)	4.8	SO	834.2
North on CR 4 to 14, (Reidville)	7.4	TR	841.6
East on CR 14 to Enterprise	6.3	SO	847.9
East on CR 14 to Bellrock, becomes CR 7	10.4	SO	858.3
East on CR 7 to Hwy 38	5.8	TL	864.1
North on Hwy 38 to Verona (GS,L)	1.1	SO	865.2
North on Highway 38 to CR 8 Godfrey	7.2	TR	872.4
East on CR 8 becomes CR 12	17.7	SO	890.1
East on CR 12 to Westport CR 10 (GS)	13.4	TL	903.5
North on CR 10 to Gore Street (Perth) (GS,R)	28.7	<b>Control/TL</b>	932.2
North on Gore Street to CR 10 North St	1.5	TR	933.7
East on CR 10 to McPhail Rd	8.3	TL	942.0
North on McPhail Rd to Tennyson Rd	2.4	TR	944.4
East on Tennyson Rd to Tennyson (GS)	8.4	SO	952.8
East on Tennyson Rd becomes 9th Line to Hwy 15	10.1	SO	962.9
East on 9th Line	8.0	TL	970.9
Down the hill to Flewellyn Rd	0.3	TR	971.2
East on Flewellyn out of Ashton Village(SS)	0.5	SO	971.7
East on Flewellyn Road to Upper Dwyer Hill Rd	2.5	TL	974.2
North on Upper Dwyer Hill Rd to Fernbank Rd	1.3	TR	975.5
East on Fernbank Road to Eagleson Road	15.8	TL	991.3
North on Eagleson Road to Corkstown Road	7.2	TR	998.5
East on Corkstown Road to Carling Ave	5.4	TR	1003.9
East on Carling Ave to Ottawa River Parkway On ramp	4.3	TR	1008.2
East on Ottawa River Parkway to Wellington St	9.5	SO	1017.7
East on Wellington Street to House of Commons main entrance	0.9	TL	1018.6
North to Peace Tower.	0.3	<b>Finish</b>	1018.9